

**Couples Counseling Service Agreement
Supplement to Contract for Professional Services**

We _____ are seeking couples counseling at this time. We have read and completed the standard informed consent and contract for professional services agreement from Betsy Ellis, LCMHC, and we understand there are additional areas that this document does not address, which are covered here.

We understand that couples counseling is not a substitute for individual psychotherapy and that while it may be helpful in alleviating some distress, it is not designed to treat depression, anxiety or any other disorder or condition. We understand that these must be treated separately, and that Betsy Ellis will not be treating them. We understand that Betsy Ellis will ask us a series of questions designed to screen briefly for current mental or emotional problems requiring treatment, and that she may recommend treatment, and assist in appropriate referrals if desired. We agree to advise Betsy Ellis any time we are feeling significant emotional or mental distress, so that she can make appropriate referrals.

We understand that Betsy Ellis does not accept medical insurance for payment. We agree to pay for each session at the beginning of each session.

We understand that Betsy Ellis does not provide forensic or legal services. If we are now or later become involved in a Court case, we will not ask Betsy Ellis to testify, provide reports or have any other forensic involvement.

We understand that even if Betsy Ellis, sees one of us individually during the course of couples counseling, she is free, at her discretion, to reveal to my spouse/partner anything we have disclosed. This means that Betsy Ellis may bring to couples sessions any and all information that may have been shared in individual sessions. We understand that this is an exception to the confidentiality provisions of the standard Professional Service Contract.

Client Signature _____ Date _____

Client Signature _____ Date _____

Counselor Signature _____ Date _____